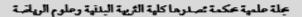
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Positive thinking and its relationship to professional performance among physical education teachers in the Directorate of Education of Thi Qar

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Keywords: professional performance, Directorate of Education, among teachers.

ABSTRACT

The study dealt with positive thinking and its relationship to the professional performance of physical education teachers in the Directorate of Education of Dhi Qar Teaching is not just a profession but a message that requires passion, dedication and a heart overflowing with positivity in an increasingly complex and challenging world Positive thinking among teachers becomes not a luxury but an inevitable necessity It is the motivation towards innovation and it is the indicator that They see the potential of every student. When the heart of a lesson beats with optimism, the features of the entire classroom change. It is no longer a place for indoctrination only, but also an oasis of growth where minds bloom and talents bloom. The positive teacher sees challenges as opportunities for learning and mistakes as steps towards mastery. This optimistic outlook not only affects the style he manages the classroom, which becomes wiser and more patient, but flows to touch the souls of students. They become more. Engagement and enthusiasm because they feel the warmth of confidence and faith in their abilities Pain A lesson that exudes positive energy gives its students the courage to explore the unknown and instills in them the seeds of a growth mindset where failure is not the end but a station for learning This teacher is not content with teaching school subjects, but also raises a generation that believes in itself capable of solving problems in innovative ways and facing life flexibly And because the teaching process can be arduous, positive thinking acts as a protective shield for thelesson It reduces the specter of professional burnout and enhances psychological resilience, enabling the teacher to withstand the daily pressures of work and most importantly, it builds bridges of trust and strong relationships with students, parents and colleagues, creating an integrated and cooperative learning environment.

Positive thinking is one of the psychological factors affecting the efficiency of individuals and their professional behavior, especially in the educational field, which requires psychological balance and effective interaction with students and the school community. The importance of this research lies in highlighting the relationship between positive thinking and the professional performance of physical education teachers, which may contribute to the development of training or guidance programs aimed at promoting positive thinking as a means to improve performance. The research also contributes to providing the Directorate of Education of Dhi Qar with scientific data that helps support educational cadres and provide a more positive and productive work environment.

The problem of research: The educational institution needs a teacher who possesses the skills and abilities that enable him to manage the lesson according to scientific foundations that promote the educational reality and keep pace with progress and in order to keep pace with these developments, the physical education teacher must be at the level of that development through the stages of his education for students, where he goes through problems and periods in which he needs to be constantly evaluated by himself or evaluated by others in order to constantly improve performance, especially in our time, which is called The era of innovations and developments confirms that the need for an effective and applied physical education teacher to highlight teaching skills and today we are witnessing a big difference in the concept of positive thinking has become looking at it and judging it with success or failure due to the good behavior of the teacher and different professional performances The physical education teacher is that teacher who surrounds himself with students working and reads their personality and involves them in drawing Participations and their implementation and encourages creative people who have the desire to learn, develop and grow and plans to prepare them as an effective team that encourages students with him to present new ideas that carry creativity and through successful and effective professional performance, which the researcher decided to study this problem and identify the positive thinking and professional performance of the physical education teacher.

Research Objectives:

A- Preparing a questionnaire for positive thinking among physical education teachers in the Directorate of Education of Dhi Qar Governorate 2- Building a measure of professional performance among physical education teachers in the Directorate of Education of Dhi Qar

Research Areas:

Human field: A sample of physical education teachers in the Directorate of Education of Dhi Qar Governorate.

Spatial field: Schools of the General Directorate of Education in Dhi Qar Governorate.

Time Range: For the period from 17/1/2025 to 1/4/2025

Keywords:

Positive thinking: The teacher's ability to produce ideas aimed at discovering new and valuable methods, dealing with what he faces flexibly, and solving problems .

Professional performance: The job performance of the teacher is how he performs his job duties and responsibilities within the classroom and successfully overcome the problems facing him.

Theoretical studies and previous studies:

Thinking is a mental process that distinguishes the individual from other living beings in terms of his ability to innovate, create and organize previous experiences in a way that contributes to finding a new way for each situation, which is a natural activity that will notbe indispensable and a renewed force for the survival of the individual and society in the world of today and tomorrow and its function lies in (finding solutions to situations and obstacles that prevent meeting the needs and motives of the individual innate, acquired, physiological and psychological and without the intervention of thinking not These needs are satisfied, the psychological balance is disturbed and the adaptation process fails). (1)

Positive thinking: Positive thinking plays a very important role in the life of the individual, as it is the beginning of his way to success and achieving goals, and it is a means of optimism and looking at the beautiful in everything. It also has an effective and powerful impact on the psyche of the individual and matters of his daily and future life. Therefore, the individual seeks, whatever his age and whatever the time or place in which he lives, to be his life and the lives of those around him full of success and happiness, and tries hard to achieve his goal when he works to improve his intellectual levels. And trains himself to get rid of negative thoughts that affect his psychology and behavior whenever the individual's positive thinking led to a successful and effective solution to the problems facing him

Ali¹ Al-Amir: Psychology of the Soul, 1st Edition, Baghdad, House of General Cultural Affairs, 2002, p. 293.

Therefore, it has become necessary to pay attention to thought processes because it is (behavior that develops and becomes more complex with the growth of the individual and the accumulation of his experiences) ^{0.2}

Professional performance: It is a key axis in evaluating the performance of employees and the quality of their work within the institution, as it expresses the way in which the employee performs the tasks and responsibilities entrusted to him in his job, in other words, it is a measure that shows the effectiveness of the employee in accomplishing his work and achieving the goals of the organization Job performance refers to the way in which an employee performs the tasks and responsibilities required by his job, that is, it is a measure that shows how effective the employee is in accomplishing his work and how much he contributes to achieving the goals of the organization ().3

Youssef Murad (1987) defined the job performance of a teacher as his behavior and how he behaves during the learning process within the classroom and through which he completes the tasks and successfully assumes the responsibilities entrusted to him ^{(),4}

Research Methodology and Field Procedures:

Research Methodology: The researcher chose the descriptive approach in the survey method due to its suitability to the nature of the problem and its solution.

Community and research sample: The research community was identified as physical education teachers in the Directorate of Education of Dhi Qar Governorate for the academic year (2024-2025), which numbered (846) teachers, so the researcher had to choose a sample randomly from (190) teachers, which constituted a percentage of 22.45% of the construction sample and consisted of (100) teachers, which constituted 11.82 % of the research community and the sample of the exploratory experiment and consisted of (10) teachers, which constituted a percentage of 1.18 % of the research community determines the methodological procedures of this sample by experimenting with the scale exploratory sample application sample and consisted of (80) teachers, which constituted a percentage of 9.45%. A teacher from the research community

Table showing the distribution of sample individuals

Edward² Debor: Teaching Thinking , 1st Edition, Damascus, translated by Al-Rida for Publishing Al-Rida, 2001, p. 13.

Al-Omari Muhammad Mustafa: Work pressures and excitement, diplomatic magazine (Institute of Diplomatic Studies at the Saudi Ministry of Foreign Affairs), Saudi 3

Arabia, No. 37, 2007, p 93.

Youssef Murad: Principles of <u>Theoretical and Applied Psychology</u>, Egypt, Dar Al-Maarifa, Part Two, Modern Scientific ⁴ Volume, 1978

Percenta	Exploratory	Percentag	Sampl	Percentag	Sampl	Commu	Sample	t
ge	experiment	e	e Applic ation	e	e constr uction	nity of origin		
1,18%	10	9,45 %	80	11,82 %	100	846	Teachers of Dhi Qar Directorate of Education	2
	10		80		100	846	Total	

Field Research Procedures:

Determining the areas of the scale: The positive thinking questionnaire for physical education teachers and the professional performance scale were determined The researcher reviewed the sources, studies and previous research that dealt with the subject of research and personal interviews with some specialists in sports psychology, the researcher adopted the theoretical framework and was presented to a group of experts and specialists in sports psychology

Determine the style and foundations of drafting paragraphs: After reviewing some relevant sources and studies and personal interviews with a group of experts and specialists, the researcher has relied on the foundations in drafting the paragraphs of the questionnaire and scale.

Presentation of the initial formula of the scale: The initial formula for the positive thinking questionnaire and the professional performance scale was presented to a body of arbitrators with experience and competence in the field of sports psychology, management and organization, numbering (15) experts, in order to ensure the validity of the paragraphs and their suitability for the study in which they were placed and judging them as they are suitable first fit and after the experts expressed their answers and observations on the paragraphs of the questionnaire and the scale, the answers were analyzed using (Ka2) for one sample and after analyzing theFor answers showing approval of less than this number, the differences between those who agree and disagree using (Ka2) are statistically significant in favor of the survival of the paragraph and not deleting any paragraph Choice of the scale of estimation: The researcher used the scale of the triple estimate (often, sometimes, never) and the answers of the experts support this type of proposed scale in order to obtain a percentage of agreement 100% of the opinion of experts, which makes the proposed estimate scale valid for the scale and weights were given according to the direction of the paragraph

Table showing the grades of the grade scale

At all	Once in a	Often	Paragraph	
	while		orientation	

1	2	3	positive	Positive
3	2	1	negative	thinking
At all	Once in a while	Often	Paragraph orientation	Professional
1	2	3	positive	performance
3	2	1	negative	

Exploratory experience of the scales of positive thinking and professional performance:

In order to build a high-quality scale and to check the clarity of instructions and understanding of phrases and words from respondents. In order to identify the method of answering in the paper and calculate the time taken to answer, it was necessary to experiment with the scale through an exploratory experiment, which is (a mini-experiment applied to a small sample of the same research population conducted in conditions similar to the conditions of the main experiment). 5

The purpose of the exploratory experiment was to:

- 1- Know the difficulties faced by the researcher during the basic experiment.
- 2- Know the time it takes to deliver and receive forms.

2 - 7 Basic experience of analyzing the paragraphs of the scale on the construction sample:

The application was conducted on the date of (18/1/2025 to 31/1/2025), where (100) teachers were chosen and the forms were distributed to them, and after completing the answer, the researcher checked each form to ensure that the instructions were followed and all paragraphs were answered

- **2.7.1Analysis of the paragraphs of the two scales statistically:** defined (Scannel D: 1975, 215) "The objective of the analysis of paragraphs statistically" to improve the quality of the test by detecting the weakness of the paragraph and then work either to formulate it again or exclude it if it is not valid. ⁶
- **2.7.2The discriminatory power of the paragraphs of the two scales:** He pointed out (Show: 450,1961) "The discriminatory power means "the extent to which the paragraphs are able to distinguish between those with higher and lower levels of teachers in relation to the area measured by the paragraphs".⁷

⁽¹⁾ Haider Abdul Reda Al-Khafaji: Applied Guide in Writing Psychological and Educational Research, 1st Edition, Najaf, Al-Kalima Al-Tayyiba Library, 2014, p. 131..

⁽⁶⁾ Scannel D: <u>Testing and measurement in the classroom</u>. Boston ,Houghton ,1975, p:215

^{)&}lt;sup>7</sup> (Show: Marin scales for the measurement of attitude, New York, Mc Growhill, 1961.p450

For the purpose of calculating the discriminatory power, the researcher followed the following:

- 1- The alternative score chosen by the respondent was given to each paragraph of the questionnaire and the scale, then the scores of the paragraphs were collected for each member of the sample representing the total degree of the individual.
- 2- The scores obtained by the sample members were arranged in descending order from the highest to the lowest.
- 3- I took two groups of grades, one representing 27% of the individuals who obtained the highest scores and the second 27% of the individuals who obtained the lowest scores.

The upper and lower 27% are acceptable for comparison between two groups. (Menerrns: p310, 1984) "8This ratio presents us with two groups of maximum size and differentiation when the distribution of scores on the test is in the form of a moderate distribution curve."

Thus, the researcher has two upper and lower groups, each consisting of (27) forms and for the purpose of calculating the coefficient of discrimination of each paragraph of the positive thinking questionnaire of (50) items and (60) items for the professional performance scale, the researcher used the T-test by the statistical bag for the social sciences (SPSS) and counted the statistically significant T-value as an indicator to distinguish paragraphs

Shows the value of (t) calculated to indicate the discriminating ability of the positive thinking questionnaire paragraphs.

			Lower	Group		Top Group	
Paragra ph strengt h	Signific ance level	Calculate d t-value	Standard Thirdinette Star		Standard deviation	Arithmetic mean	sequenc ing
Charact eristic	0,000	28,975	0,593	1,733	0,182	4,966	1
Charact eristic	0,000	18,448	0,406	1,200	0,758	4,100	2
Charact eristic	0,000	10,667	0,406	2,200	0,507	3,466	3
Charact eristic	0,000	9,910	0,507	1,533	0,746	3,166	4
Charact eristic	0,000	13,259	0,498	1,600	0,319	3,033	5
Charact eristic	0,000	9,824	0,449	1,266	0,568	2,566	6

⁽¹⁾ Menerrns, walen, Mann: $\underline{\text{Measurement and parturition in education and psychology}}$, New Hall Rich ant – Winston. 1984, p310

_	a: :a:		Lower	Group		Top Group	
Paragra ph strengt h	Signific ance level	Calculate d t-value	Standard deviation	Arithmetic mean	Standard deviation	Arithmetic mean	sequenc ing
Charact eristic	0,000	12,736	0,479	1,833	0,182	2,966	7
Charact eristic	0,000	8,558	0,530	1,833	0,525	3,543	8
Charact eristic	0,000	11,595	0,691	1,933	0,550	3,800	9
Charact eristic	0,000	12,401	0,345	1,866	0,182	2,966	10
Charact eristic	0,000	18,382	0,534	1,300	0,504	3,766	11
Charact eristic	0,000	9,256	0,643	2,286	0,490	3,366	12
Charact eristic	0,000	14,643	0,534	1,700	0,592	3,833	13
Charact eristic	0,000	12,963	0,678	1,433	0,571	3,533	14
Charact eristic	0,000	9,616	0,758	2,333	0,661	4,100	15
Charact eristic	0,000	14,540	0,449	1,733	0,507	3,533	16
Charact eristic	0,000	7,460	0,305	1,900	1,900 0,253		17
Charact eristic	0,000	13,004	0,563	1,600 0,253		3,066	18
Charact eristic	0,000	14,574	0,550	2,200	0,413	4,033	19
Charact eristic	0,000	10,132	0,498	1,600	0,520	2,933	20
Charact eristic	0,000	15,057	0,454	2	0,702	4,300	21
Charact eristic	0,000	11,564	0,498	1,400	0,461	2,833	22
Charact eristic	0,000	10,420	0,466	2,300	0,546	3,666	23
Charact eristic	0,000	11,736	0,379	2,833	0,172	2,966	24
Charact eristic	0,000	10,351	0,507	1,533	0,587	3,001	25
Charact eristic	0,000	18,107	0,449	2,066	0,434	4,133	26
Charact eristic	0,000	11,453	0,466	1,700	0,480	3,100	27
Charact eristic	0,000	8,142	0,711	2,333	0,546	3,666	28
Charact eristic	0,000	16,624	0,461	2,166	0,628	4,533	29
Charact eristic	0,000	16,279	0,629	1,500	0,430	3,766	30

			Lower	Group		Top Group	
Paragra ph strengt h	Signific ance level	Calculate d t-value	Standard deviation	Arithmetic mean	Standard deviation	Arithmetic mean	sequenc ing
Charact eristic	0,000	10,290	0,507	1,533	0,661	3,100	31
Charact eristic	0,000	17,350	0,434	2,133	0,413	4,033	32
Charact eristic	0,000	9,401	0,345	2,866	0,182	3,966	33
Charact eristic	0,000	12,189	0,571	1,533	0,484	3,200	34
Charact eristic	0,000	18,154	0,449	2,066	0,371	4,381	35
Charact eristic	0,000	12,826	0,498	2,400	0,402	3,900	36
Distinct ive	0,000	9,746	0,365	2,987	0,538	2,846	37
Charact eristic	0,000	11,365	0,320	2,282	0,363	4,351	38
Charact eristic	0,000	13,218	0,479	1,666	0,571	3,466	39
Charact eristic	0,000	15,753	0,479	1,333	0,365	3,066	40
Charact eristic	0,000	10,145	0,480	1,900	0,606	3,333	41
Charact eristic	0,000	17,140	0,504	2,433	0,490	4,633	42
Charact eristic	0,000	10,218	0,490	2,366	0,568	3,766	43
Charact eristic	0,000	16,451	0,449	2,066	0,379	3,833	44
Charact eristic	0,000	23,695	0,365	1,933	0,319	4,033	45
Charact eristic	0,000	13,910	0,479	1,666	0,504	3,433	46
Charact eristic	0,000	11,195	0,508	2,500	0,434	3,866	47
Charact eristic	0,000	7,112	0,466	1,700	0,827	2,933	48
Charact eristic	0,000	11,488	0,379	2,166	0,606	3,666	49
Charact eristic	0,000	12,522	0,449	1,266	0,681	3,133	50

Tabular T-value at significance level (0.05)

Shows the value of (t) calculated to indicate the discriminatory ability of the paragraphs of the professional performance scale.

	paragraph	b of the p	1010551011	ai periori	manee be	arc.		
	Significance		Lowe	Lower Group		Top Group		
Paragraph	level	Calculated	Standard	Arithmetic	Standard	Arithmetic	sequencing	
strength		t-value	deviation	mean	deviation	mean		
Characteristic	0,000	15,991	0,758	2,100	0,466	4,700	1	
Characteristic	0,000	12,304	0,413	1,966	0,651	3,700	2	

Characteristic 0,000 12,509 0,430 1,233 0,571 2,866 4 Characteristic 0,000 7,460 0,305 2,900 0,253 2,933 5 Characteristic 0,000 15,771 0,434 2,133 0,449 3,933 6 Characteristic 0,000 12,280 0,520 1,733 0,571 3,466 7 Characteristic 0,000 12,246 0,434 1,833 0,507 4,133 10 Characteristic 0,000 12,246 0,434 1,866 0,430 3,233 9 Characteristic 0,000 12,240 0,579 1,833 0,627 4,133 11 Characteristic 0,000 14,940 0,529 2,500 0,479 4,666 14 Characteristic 0,000 11,650 0,504 2,566 0,345 3,866 17 Characteristic 0,000 11,686 0,614 1,966 0,595	Characteristic	0,000	14,308	0,508	1,500	0,572	3,500	3
Characteristic 0,000 15,771 0,434 2,133 0,449 3,933 6 Characteristic 0,000 12,280 0,520 1,733 0,571 3,466 7 Characteristic 0,000 12,2878 0,504 1,433 0,413 2,966 8 Characteristic 0,000 12,246 0,434 1,866 0,430 3,233 9 Characteristic 0,000 12,304 0,595 2,300 0,490 4,033 11 Characteristic 0,000 12,420 0,579 1,833 0,629 3,500 12 Characteristic 0,000 14,994 0,629 2,500 0,479 4,666 14 Characteristic 0,000 14,253 0,449 1,733 0,508 3,500 16 Characteristic 0,000 11,650 0,504 2,566 0,345 3,866 17 Characteristic 0,000 11,886 0,614 1,966 0,592								
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Characteristic 0,000 11,650 0,504 2,566 0,345 3,866 17 Characteristic 0,000 11,788 0,508 1,500 0,520 3,066 18 Characteristic 0,000 11,086 0,614 1,966 0,595 3,700 19 Characteristic 0,000 18,234 0,402 2,100 0,345 3,866 20 Characteristic 0,000 13,196 0,592 1,833 0,639 3,933 21 Characteristic 0,000 13,914 0,490 1,633 0,305 3,100 22 Characteristic 0,000 17,457 0,449 1,933 0,550 4,200 23 Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 <td>Characteristic</td> <td>0,000</td> <td>16,744</td> <td>0,480</td> <td>1,900</td> <td>0,520</td> <td>4,066</td> <td>15</td>	Characteristic	0,000	16,744	0,480	1,900	0,520	4,066	15
Characteristic 0,000 11,788 0,508 1,500 0,520 3,066 18 Characteristic 0,000 11,086 0,614 1,966 0,595 3,700 19 Characteristic 0,000 18,234 0,402 2,100 0,345 3,866 20 Characteristic 0,000 13,196 0,592 1,833 0,639 3,933 21 Characteristic 0,000 13,914 0,490 1,633 0,305 3,100 22 Characteristic 0,000 17,457 0,449 1,933 0,550 4,200 23 Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 <td>Characteristic</td> <td>0,000</td> <td>14,253</td> <td>0,449</td> <td>1,733</td> <td>0,508</td> <td>3,500</td> <td>16</td>	Characteristic	0,000	14,253	0,449	1,733	0,508	3,500	16
Characteristic 0,000 11,086 0,614 1,966 0,595 3,700 19 Characteristic 0,000 18,234 0,402 2,100 0,345 3,866 20 Characteristic 0,000 13,196 0,592 1,833 0,639 3,933 21 Characteristic 0,000 13,914 0,490 1,633 0,305 3,100 22 Characteristic 0,000 17,457 0,449 1,933 0,550 4,200 23 Characteristic 0,000 21,486 0,479 1,333 0,406 3,800 24 Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 <td>Characteristic</td> <td>0,000</td> <td>11,650</td> <td>0,504</td> <td>2,566</td> <td>0,345</td> <td>3,866</td> <td>17</td>	Characteristic	0,000	11,650	0,504	2,566	0,345	3,866	17
Characteristic 0,000 11,086 0,614 1,966 0,595 3,700 19 Characteristic 0,000 18,234 0,402 2,100 0,345 3,866 20 Characteristic 0,000 13,196 0,592 1,833 0,639 3,933 21 Characteristic 0,000 13,914 0,490 1,633 0,305 3,100 22 Characteristic 0,000 17,457 0,449 1,933 0,550 4,200 23 Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 <td>Charriet</td> <td>0,000</td> <td>11,788</td> <td>0,508</td> <td>1,500</td> <td>0,520</td> <td>3,066</td> <td>18</td>	Charriet	0,000	11,788	0,508	1,500	0,520	3,066	18
Characteristic 0,000 18,234 0,402 2,100 0,345 3,866 20 Characteristic 0,000 13,196 0,592 1,833 0,639 3,933 21 Characteristic 0,000 13,914 0,490 1,633 0,305 3,100 22 Characteristic 0,000 17,457 0,449 1,933 0,550 4,200 23 Characteristic 0,000 21,486 0,479 1,333 0,406 3,800 24 Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 <td></td> <td>0.000</td> <td>11 004</td> <td>0.614</td> <td>1 044</td> <td>0.505</td> <td>2 700</td> <td>10</td>		0.000	11 004	0.614	1 044	0.505	2 700	10
Characteristic 0,000 13,196 0,592 1,833 0,639 3,933 21 Characteristic 0,000 13,914 0,490 1,633 0,305 3,100 22 Characteristic 0,000 17,457 0,449 1,933 0,550 4,200 23 Characteristic 0,000 21,486 0,479 1,333 0,406 3,800 24 Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 12,827 0,592 1,833 0,490 <td>Characteristic</td> <td>U,UUU</td> <td>11,080</td> <td>0,014</td> <td>1,900</td> <td>0,393</td> <td>3,700</td> <td>19</td>	Characteristic	U,UUU	11,080	0,014	1,900	0,393	3,700	19
Characteristic 0,000 13,914 0,490 1,633 0,305 3,100 22 Characteristic 0,000 17,457 0,449 1,933 0,550 4,200 23 Characteristic 0,000 21,486 0,479 1,333 0,406 3,800 24 Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 <td>Characteristic</td> <td>0,000</td> <td>18,234</td> <td>0,402</td> <td>2,100</td> <td>0,345</td> <td>3,866</td> <td>20</td>	Characteristic	0,000	18,234	0,402	2,100	0,345	3,866	20
Characteristic 0,000 17,457 0,449 1,933 0,550 4,200 23 Characteristic 0,000 21,486 0,479 1,333 0,406 3,800 24 Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 14,476 0,508 1,500 0,490 <td>Characteristic</td> <td>0,000</td> <td>13,196</td> <td>0,592</td> <td>1,833</td> <td>0,639</td> <td>3,933</td> <td>21</td>	Characteristic	0,000	13,196	0,592	1,833	0,639	3,933	21
Characteristic 0,000 21,486 0,479 1,333 0,406 3,800 24 Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 8,851 0,445 2,866 0,253 3,933 30 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 16,133 0,490 1,366 0,345 <td>Characteristic</td> <td>0,000</td> <td>13,914</td> <td>0,490</td> <td>1,633</td> <td>0,305</td> <td>3,100</td> <td>22</td>	Characteristic	0,000	13,914	0,490	1,633	0,305	3,100	22
Characteristic 0,000 15,714 0,504 2,566 0,498 4,600 25 Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 8,851 0,445 2,866 0,253 3,933 30 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 16,133 0,490 1,366 0,345 3,133 34 Characteristic 0,000 18,018 0,461 2,166 0,498 <td>Characteristic</td> <td>0,000</td> <td>17,457</td> <td>0,449</td> <td>1,933</td> <td>0,550</td> <td>4,200</td> <td>23</td>	Characteristic	0,000	17,457	0,449	1,933	0,550	4,200	23
Characteristic 0,000 10,420 0,406 1,800 0,592 3,166 26 Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 8,851 0,445 2,866 0,253 3,933 30 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 14,476 0,508 1,500 0,490 3,366 33 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 11,401 0,645 2,866 0,682 <td>Characteristic</td> <td>0,000</td> <td>21,486</td> <td>0,479</td> <td>1,333</td> <td>0,406</td> <td>3,800</td> <td>24</td>	Characteristic	0,000	21,486	0,479	1,333	0,406	3,800	24
Characteristic 0,000 14,831 0,520 1,933 0,607 4,100 27 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 8,851 0,445 2,866 0,253 3,933 30 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 14,476 0,508 1,500 0,490 3,366 33 Characteristic 0,000 16,133 0,490 1,366 0,345 3,133 34 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 21,209 0,430 1,766 0,434 <td>Characteristic</td> <td>0,000</td> <td>15,714</td> <td>0,504</td> <td>2,566</td> <td>0,498</td> <td>4,600</td> <td>25</td>	Characteristic	0,000	15,714	0,504	2,566	0,498	4,600	25
Characteristic 0,000 14,631 0,520 1,353 0,007 4,100 Characteristic 0,000 19,890 0,479 1,666 0,413 3,966 28 Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 8,851 0,445 2,866 0,253 3,933 30 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 14,476 0,508 1,500 0,490 3,366 33 Characteristic 0,000 16,133 0,490 1,366 0,345 3,133 34 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 11,401 0,645 2,866 0,682 3,966<	Characteristic	0,000	10,420	0,406	1,800	0,592	3,166	26
Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 16,873 0,466 1,300 0,664 3,800 29 Characteristic 0,000 8,851 0,445 2,866 0,253 3,933 30 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 14,476 0,508 1,500 0,490 3,366 33 Characteristic 0,000 16,133 0,490 1,366 0,345 3,133 34 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 11,401 0,645 2,866 0,682 3,966 36 Characteristic 0,000 18,125 0490 1,366 0,520	Characteristic	0,000	14,831	0,520	1,933	0,607	4,100	
Characteristic 0,000 10,673 0,400 1,500 0,004 3,300 Characteristic 0,000 8,851 0,445 2,866 0,253 3,933 30 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 14,476 0,508 1,500 0,490 3,366 33 Characteristic 0,000 16,133 0,490 1,366 0,345 3,133 34 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 11,401 0,645 2,866 0,682 3,966 36 Characteristic 0,000 18,125 0490 1,366 0,520 3,733 38 Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 </td <td>Characteristic</td> <td>0,000</td> <td>19,890</td> <td>0,479</td> <td>1,666</td> <td>0,413</td> <td>3,966</td> <td></td>	Characteristic	0,000	19,890	0,479	1,666	0,413	3,966	
Characteristic 0,000 3,851 0,445 2,866 0,253 3,933 Characteristic 0,000 12,827 0,592 1,833 0,490 3,633 31 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 14,476 0,508 1,500 0,490 3,366 33 Characteristic 0,000 16,133 0,490 1,366 0,345 3,133 34 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 11,401 0,645 2,866 0,682 3,966 36 Characteristic 0,000 18,125 0490 1,366 0,520 3,733 38 Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 39 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166 </td <td>Characteristic</td> <td>0,000</td> <td>16,873</td> <td>0,466</td> <td>1,300</td> <td>0,664</td> <td>3,800</td> <td>29</td>	Characteristic	0,000	16,873	0,466	1,300	0,664	3,800	29
Characteristic 0,000 12,827 0,332 1,333 0,449 3,033 Characteristic 0,000 13,996 0,449 1,266 0,592 3,166 32 Characteristic 0,000 14,476 0,508 1,500 0,490 3,366 33 Characteristic 0,000 16,133 0,490 1,366 0,345 3,133 34 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 11,401 0,645 2,866 0,682 3,966 36 Characteristic 0,000 21,209 0,430 1,766 0,434 4,133 37 Characteristic 0,000 18,125 0490 1,366 0,520 3,733 38 Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 39 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166<	Characteristic	0,000	8,851	0,445	2,866	0,253	3,933	
Characteristic 0,000 13,390 0,449 1,200 0,392 3,100 Characteristic 0,000 14,476 0,508 1,500 0,490 3,366 33 Characteristic 0,000 16,133 0,490 1,366 0,345 3,133 34 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 11,401 0,645 2,866 0,682 3,966 36 Characteristic 0,000 21,209 0,430 1,766 0,434 4,133 37 Characteristic 0,000 18,125 0490 1,366 0,520 3,733 38 Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 39 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166 40	Characteristic	0,000	12,827	0,592	1,833	0,490	3,633	
Characteristic 0,000 14,476 0,508 1,500 0,490 3,500 Characteristic 0,000 16,133 0,490 1,366 0,345 3,133 34 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 11,401 0,645 2,866 0,682 3,966 36 Characteristic 0,000 21,209 0,430 1,766 0,434 4,133 37 Characteristic 0,000 18,125 0490 1,366 0,520 3,733 38 Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 39 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166 40	Characteristic	0.000	13,996	0,449	1,266	0,592	3,166	
Characteristic 0,000 10,133 0,490 1,300 0,343 3,133 Characteristic 0,000 18,018 0,461 2,166 0,498 4,400 35 Characteristic 0,000 11,401 0,645 2,866 0,682 3,966 36 Characteristic 0,000 21,209 0,430 1,766 0,434 4,133 37 Characteristic 0,000 18,125 0490 1,366 0,520 3,733 38 Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 39 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166 40	Characteristic	0,000	14,476	0,508	1,500	0,490	3,366	
Characteristic 0,000 13,013 0,401 2,100 0,493 4,400 Characteristic 0,000 11,401 0,645 2,866 0,682 3,966 36 Characteristic 0,000 21,209 0,430 1,766 0,434 4,133 37 Characteristic 0,000 18,125 0490 1,366 0,520 3,733 38 Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 39 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166 40	Characteristic	0,000	16,133	0,490	1,366	0,345	3,133	
Characteristic 0,000 11,401 0,043 2,800 0,082 3,700 Characteristic 0,000 21,209 0,430 1,766 0,434 4,133 37 Characteristic 0,000 18,125 0490 1,366 0,520 3,733 38 Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 39 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166 40	Characteristic	0,000	18,018	0,461	2,166	0,498	4,400	35
Characteristic 0,000 21,209 0,430 1,766 0,434 4,133 Characteristic 0,000 18,125 0490 1,366 0,520 3,733 38 Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 39 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166 40	Characteristic	0,000	11,401	0,645	2,866	0,682	3,966	
Characteristic 0,000 14,406 0,466 2,300 0,568 4,233 39 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166 40	Characteristic	0,000	21,209	0,430	1,766	0,434	4,133	37
Characteristic 0,000 14,400 0,400 2,500 0,508 4,255 Characteristic 0,000 13,347 0,449 2,733 0,379 4,166 40	Characteristic	0,000	18,125	0490	1,366	0,520	3,733	38
	Characteristic	0,000	14,406	0,466	2,300	0,568	4,233	39
Characteristic 0,000 15,369 0,504 1,566 0,504 3,566 41	Characteristic	0,000	13,347	0,449	2,733	0,379	4,166	40
	Characteristic	0,000	15,369	0,504	1,566	0,504	3,566	41

0,000	13,471	0,406	1,800	0,490	3,366	42
0,000	9,027	0,505	3,900	0,582	2,966	43
0,000	14,407	0,547	2,100	0,490	4,033	44
0.000	17,140	0,504	1,433	0,490	3,633	45
0,000	14,757	0,507	2,533	0,507	4,466	46
0,000	12,401	0,645	2,866	0,582	2,966	47
0,000	13,559	0,520	1,733	0,507	3,533	48
0,000	20,435	0,379	1,166	0,379	3,166	49
0,000	19,217	0,490	1,966	0,504	4,433	50
0,000	14,255	0,504	2,566	0,305	4,100	51
0,000	13,752	0,498	1,600	0,621	3,600	52
0,000	18,885	0,406	1,200	0,504	3,433	53
0,000	14,125	0,507	1,533	0,379	3,166	54
0,000	10,235	0,406	1,800	0,449	2,933	55
0,000	13,559	0,520	1,733	0,507	3,533	56
0,000	20,435	0,379	1,166	0,379	3,166	57
0,000	19,217	0,490	1,966	0,504	4,433	58
0,000	14,255	0,504	2,566	0,305	4,100	59
0,000	13,752	0,498	1,600	0,621	3,600	60
	0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000 0,000	0,000 9,027 0,000 14,407 0.000 17,140 0,000 14,757 0,000 12,401 0,000 13,559 0,000 20,435 0,000 19,217 0,000 13,752 0,000 18,885 0,000 14,125 0,000 10,235 0,000 13,559 0,000 20,435 0,000 19,217 0,000 14,255	0,000 9,027 0,505 0,000 14,407 0,547 0.000 17,140 0,504 0,000 14,757 0,507 0,000 12,401 0,645 0,000 13,559 0,520 0,000 20,435 0,379 0,000 19,217 0,490 0,000 13,752 0,498 0,000 13,752 0,498 0,000 14,125 0,507 0,000 10,235 0,406 0,000 13,559 0,520 0,000 20,435 0,379 0,000 19,217 0,490 0,000 19,217 0,490 0,000 14,255 0,504	0,000 9,027 0,505 3,900 0,000 14,407 0,547 2,100 0.000 17,140 0,504 1,433 0,000 14,757 0,507 2,533 0,000 12,401 0,645 2,866 0,000 13,559 0,520 1,733 0,000 20,435 0,379 1,166 0,000 19,217 0,490 1,966 0,000 13,752 0,498 1,600 0,000 18,885 0,406 1,200 0,000 14,125 0,507 1,533 0,000 10,235 0,406 1,800 0,000 13,559 0,520 1,733 0,000 20,435 0,379 1,166 0,000 19,217 0,490 1,966 0,000 19,217 0,490 1,966 0,000 14,255 0,504 2,566	0,000 9,027 0,505 3,900 0,582 0,000 14,407 0,547 2,100 0,490 0,000 17,140 0,504 1,433 0,490 0,000 14,757 0,507 2,533 0,507 0,000 12,401 0,645 2,866 0,582 0,000 13,559 0,520 1,733 0,507 0,000 20,435 0,379 1,166 0,379 0,000 19,217 0,490 1,966 0,504 0,000 14,255 0,504 2,566 0,305 0,000 13,752 0,498 1,600 0,621 0,000 14,125 0,507 1,533 0,379 0,000 10,235 0,406 1,800 0,449 0,000 13,559 0,520 1,733 0,507 0,000 13,559 0,520 1,733 0,507 0,000 10,235 0,406 1,800 0,449 <td< td=""><td>0,000 9,027 0,505 3,900 0,582 2,966 0,000 14,407 0,547 2,100 0,490 4,033 0,000 17,140 0,504 1,433 0,490 3,633 0,000 14,757 0,507 2,533 0,507 4,466 0,000 12,401 0,645 2,866 0,582 2,966 0,000 13,559 0,520 1,733 0,507 3,533 0,000 20,435 0,379 1,166 0,379 3,166 0,000 19,217 0,490 1,966 0,504 4,433 0,000 13,752 0,498 1,600 0,621 3,600 0,000 18,885 0,406 1,200 0,504 3,433 0,000 10,235 0,406 1,800 0,449 2,933 0,000 13,559 0,520 1,733 0,507 3,533 0,000 10,235 0,406 1,800 0,449 2,933</td></td<>	0,000 9,027 0,505 3,900 0,582 2,966 0,000 14,407 0,547 2,100 0,490 4,033 0,000 17,140 0,504 1,433 0,490 3,633 0,000 14,757 0,507 2,533 0,507 4,466 0,000 12,401 0,645 2,866 0,582 2,966 0,000 13,559 0,520 1,733 0,507 3,533 0,000 20,435 0,379 1,166 0,379 3,166 0,000 19,217 0,490 1,966 0,504 4,433 0,000 13,752 0,498 1,600 0,621 3,600 0,000 18,885 0,406 1,200 0,504 3,433 0,000 10,235 0,406 1,800 0,449 2,933 0,000 13,559 0,520 1,733 0,507 3,533 0,000 10,235 0,406 1,800 0,449 2,933

Tabular T-value at significance level (0.05)

- **2.7.3 Internal consistency coefficient:** the discriminatory power of the paragraphs does not determine the extent of homogeneity in measuring the phenomenon set to measure as there can be paragraphs close in their discriminatory strength, but they measure different dimensions as this method assumes that the total degree is a criterion for the sincerity of the resolution and the scale deletes the paragraph when the degree of association with the total degree is low on the basis that the paragraphs do not measure the phenomenon measured by the resolution and the scale and that the use of the method of internal consistency distinguish the resolution And the scale with important features which are
- 1- The internal consistency procedure is one of the aspects of construction
- 2. The procedure of internal consistency is the extraction of the stability of the vertebrae

The method of internal consistency (Mohamed Nasr al-Din: 2006, 231) means the extent to which the paragraphs are related to each other and the extent to which each paragraph is related to the test as a whole, the existence of non-zero

correlations between the items of the questionnaire and the scale confirms the consistency of these paragraphs and that all measure the same thing to be measured ().

This indicator was extracted using the significant correlation coefficient (Pearson) between the degree of each paragraph and the total degree of the questionnaire and the scale and the second method between the degree of each paragraph with the total degree of the questionnaire and the scale for all members of the sample, which numbered (100) teachers by the statistical bag for social sciences (spss)

Shows the values of the internal consistency coefficient for the positive thinking resolution.

Significance	Correlation	4	Significance	Correlation	4	Significance	Correlation	4
level	coefficient	t	level	coefficient	t	level	coefficient	t
0.000	886**	35	0.000	** **	18	0.000	953**	1
0.000	878**	36	0.000	862**	19	0.000	855**	2
0.000	906**	37	0.000	874**	20	0.000	842**	3
0.000	896**	38	0.000	917**	21	0.000	871**	4
0.000	882**	39	0.000	941**	22	0.000	872**	5
0.000	864**	40	0.000	763**	23	0.000	856**	6
0.000	897**	41	0.000	883**	24	0.000	863**	7
0.000	854**	42	0.000	** **	25	0.000	811**	8
0.000	881**	43	0.000	936**	26	0.000	881**	9
0.000	884**	44	0.000	** **	27	0.000	.875**	10
0.000	869**	45	0.000	859**	28	0.000	766**	11
0.000	.780**	46	0.000	919.	29	0.000	814**	12
0.000	879**	47	0.000	904**	30	0.000	937**	13
0.000	874**	48	0.000	906**	31	0.000	884**	14
0.000	864**	49	0.000	906**	23	0.000	933**	15
0.000	868**	50	0.000	953**	33	0.000	852**	16
			0.000	862**	34	0.000	837**	17

Shows the values of the internal consistency coefficient of the professional performance scale.

⁽¹⁾ Mohamed Nasr El-Din Radwan: <u>Introduction to measurement in physical education and sports</u>, 1st floor, Cairo, Book Center for Publishing, 2006. p. 231

Significance	Correlation		Significance	Correlation		Significance	Correlation	
level	coefficient	t	level	coefficient	t	level	coefficient	t
0.000	892**	41	0.000	896**	21	0.000	932**	1
0.000	** **	42	0.000	841**	22	0.000	** **	2
0.000	** **	43	0.000	906**	23	0.000	787**	3
0.000	868**	44	0.000	866**	24	0.000	792**	4
0.000	** **	45	0.000	823**	25	0.000	878**	5
0.000	862**	46	0.000	889**	26	0.000	** **	6
0.000	882**	47	0.000	723**	27	0.000	723**	7
0.000	904**	48	0.000	** **	28	0.000	857**	8
0.000	824****	49	0.000	812** **	29	0.000	** **	9
0.000	872**	50	0.000	894**	30	0.000	783**	10
0.000	615**	51	0.000	929** **	31	0.000	.892	11
0.000	901**	52	0.000	860**	32	0.000	.846	12
0,000	** **	53	0.000	846**	33	0.000	.815	13
0,000	849**	54	0.000	686**	34	0.000	.871	14
0,000	** **	55	0,000	817**	35	0,000	.806	15
0,000	** **	56	0,000	836**	36	0,000	.883	16
0,000	854**	57	0,000	856**	37	0,000	.823	17
0,000	803**	58	0,000	***	38	0,000	.871	18
0,000	895**	59	0,000	889**	39	0,000	.846	19
0,000	818**	60	0,000	** **	40	0,000	.812	20

2-8 Scientific foundations of the scale:

2.8.1 Truthfulness of content or content:

"The sincerity of the content aims to know the representation of the test or scale of the aspects of the trait or the attribute or ability required to be measured, and this honesty has been achieved "Huan is a group of specialists to evaluate the validity of paragraphs to measure what was prepared for him " ()¹⁰

The sincerity of the content or content is one of the types of honesty that is evident through the contents of the questionnaire through the paragraphs of the presentation of these paragraphs to experts and specialists and this type of honesty has been achieved through the presentation of the questionnaire to experts and specialists in the presentation of the initial version of the questionnaire and scale

⁽²⁾ Ibrahim Ahmed Salama: Applied Approach to Measurement in Fitness, Alexandria, Knowledge Foundation, 2000.p 49

- **2.8.2** The method of the two extreme groups: extracted the discriminatory power of the paragraphs through which the paragraphs were identified capable of distinguishing between individuals with high grades and those with low scores, and that the ability of paragraphs to distinguish is evidence of the sincerity of construction
- **2.8.3** The relationship of the degree of each paragraph to the total degree of the scale (internal consistency) The researcher used the coefficient of internal consistency in the analysis of paragraphs of the questionnaire and the scale any calculation of the sincerity of the paragraphs of the resolution and the scale using the internal test by finding a correlation between the degree of each paragraph and the total degree of the dimension that belongs to it as well as the total degree of the resolution and the scale This type of honesty was achieved through the use of the simple law of association (Pearson) shows the internal consistency of the positive thinking questionnaire and the measure of professional performance.
- **2 8 4 half fraction of the scale:** to find the stability coefficient of the questionnaire adopted the researcher soft fractionation half has relied on the data obtained from the members of the research sample of (100) teachers for the paragraphs of the positive thinking questionnaire and the amount of (50) paragraphs. The total degree of each member of the sample was adopted on each paragraph of the questionnaire, as the number of individual paragraphs of the positive thinking questionnaire reached (25) paragraphs and even (25) paragraphs, which are equal, which was calculated Pearson's correlation coefficient between the scores of the results of Partial of the questionnaire, which represent the paragraphs of equal number and then extracted the value of the correlation coefficient extracted correlation coefficient for positive thinking between the set of degrees of the two halves using the simple correlation coefficient (Pearson) by the statistical bag and the results of positive thinking before (Pearson) were (0.822) and after the correction (Spearman) was (0.919).

As the coefficient of stability extracted (before correction) means stability for half of the scale only and to conduct full stability of this scale was conducted measurement on the halves of the scales the first half answers to the individual sequence and the second half answers to the even sequence and to find the coefficient of the scale of professional performance adopted the researcher soft fragmentation half has relied on the data obtained from the members of the research sample of (100) teachers of the paragraphs of the scale of professional performance and the amount of (60) paragraph. The total degree of each member of the sample was adopted on each paragraph of the scale, as the number of individual paragraphs

of the professional performance scale (30) items and even (30) items, which are equal, which was calculated Pearson's correlation coefficient between the scores of partial results of the professional performance scale, which represent the equal number paragraphs, and then extracted the value of the correlation coefficient extracted the correlation coefficient for the professional performance scale Between the set of degrees of the two halves using the simple correlation coefficient (Pearson) by the statistical bag and the results of professional performance before (Pearson) were (0.842) and after the correction (Spearman) was (0.923) as the coefficient of stability extracted (before correction) means stability for half of the scale only and to conduct complete stability of this scale was made measurement on the halves of the scales the first half answers individual sequence and the second half even-sequence

2.9 Main experience:

After completing all the requirements and procedures for designing and building the positive thinking questionnaire and the professional performance scale, which consists of (50) items for the questionnaire and (60) items for the scale, the researcher applied the questionnaire and the scale in their final form to the application sample of (80) physical education teachers for the academic year 2024/2025 and the period from 17/1/2025 to 1/3/2025.

2.10 Statistical Methods

The statistical data was processed by the use of statistical software (SPSS).

3- Presenting, analyzing and discussing the results of positive thinking and the measure of professional performance among physical education teachers

3.1 Presentation of results

Shows the arithmetic mean, standard deviation and calculated t value for the positive thinking questionnaire and the professional performance scale

Statistical significance	Tabular value	Value of t	Standard deviation	Arithmetic mean	Variables
D	0.195	11.244	4,22	128.96	Positive thinking
			9,61	187,55	Professional performance

It is clear from the table that the arithmetic mean of the positive thinking questionnaire (128.96) with a standard deviation (4.22) and the arithmetic mean of the professional performance scale was (187.55) and a standard deviation (9.61) and the calculated value (T) was (11,244) greater than the value of (T) tabular (1.95)

and the level of error (0.05) and this means that there are significant differences between positive thinking and professional performance.

3.2 Discussion of results

The researcher believes that the progress made in positive thinking at the level of teachers' practice to adopt that their society represents an important educational circle dominated by advanced and human relations and that this development comes through the positive spirit they enjoy, mutual respect, taking the opinions of the school administration and spreading an atmosphere of democracy in dialogues, seminars and meetings held by the school administration and their high thinking outside schools. In sports participations and the beginning of opinions and directives that seek to serve school sports and the educational process as a whole in addition to activating the role of teachers in order to create a sound professional climate and accordingly, the involvement ofteachers in appropriate training programs works to raise the level of performance and the extent of clear understanding of professional performance, which has become necessary in the era of current cognitive progress and always pushes you to develop thinking and master new skills in order to help teachers In thinking in a positive spirit permanently different and sophisticated and is characterized by modern technologies and the search for smart and non-traditional alternatives that ensure the workflow according to scientific foundations and the researcher attributes this good percentage in the skill of positive thinking among teachers to the factor of experience gained from the practice of work as well as their continuous quest to develop their professional ability, which expands the intellectual framework of the teacher and his professional performance About his work through good knowledge of the methods and methods of work and qualities that must be characterized by the teacher such as balance, self-preservation, non-emotion, gaining the trust of others, insight, justice, objectivity in decision-making and non-haste are all necessary needs that raise job and professional performance The good knowledge of teachers in the elements of administrative work being one of the basics of professional performance And his follow-up of the administrative aspects related to his work and his ability to hold periodic meetings and continuous meetings with students and the correct use of the powers vested in them and increase the effectiveness of success in educational work, which is the goal of education in improving the teaching and learning processes were all behind this good percentage of the level of their practice of these competencies.

This is agreed upon (Barian Tracy: 2006, 27) "The mind has one idea at any given time, and if we enter into our minds a positive idea, the negative idea that

corresponds to it comes out because the mind does not accept a vacuum, and if we do not fill it with positive thoughts, it is filled 11 with negative thoughts."

This is confirmed by (Hisham Mokhaimer: 1991, 53) "The study environment helps to speed up thinking because there are forms of activity and diversity, which occur constructive interactions and social relations based on the teacher and the strength of the student provides an opportunity for sound trends between the student and the teacher and the teacher and himself based on the enjoyment of moral and positive thinking" ().12

He pointed out (Abdel Fattah Hajjaj: 1984, 35) "There is a relationship represented by moral judgments and moral behavior and positive thinking that affects the decision and believes that it is right to behave ethically when faced with a moral position and values and principles of moral internal are only instructions consisting of a series of individual decisions emanating from the same person, moral thinking represents the pattern of thinking used to solve the moral problem according to the theory of Kohlberg" 0.13

Chapter V: Conclusions and recommendations

Conclusions: In the light of the results of the research and the analysis of statistical data obtained through the positive thinking questionnaire and the professional performance scale, the researcher reached the following conclusions:

- 1- The questionnaire prepared by the researcher (positive thinking) and meets its scientific conditions is able to reveal what has been developed and suits the target group (research sample) under study
- 2- Positive thinking questionnaire that the researcher has built and achieved its scientific conditions is able to measure positive thinking among physical education teachers
- 3-**Physical** education teachers distinguished practicing are by their work in the Directorate of Education of Dhi with Qar real knowledge and all the areas in which the scale built, was not most of them

Barian¹¹ Tracy: The Psychology of Success, (translation) Abdul Latif Al-Khayyat, Amman, Jar Al-Thaqafa for Publishing and Distribution, 2006, p. 27.

Hisham ¹²Mokhaimer: The relationship between the level of moral maturity and some variables for the secondary stage, unpublished master's thesis, Faculty of Education, Ain Shams University, 1991, p. 53.

Abdel Fattah Hajjaj: Moral Thinking and Moral Education, College of Education, Third Issue, Qatar University, ¹³ 1984, p. 35.

- 4-**Physical** education teachers the Directorate of Education in of Dhi Qar, through practicing their work. obtained full a of understanding and great knowledge the professional performance scale of physical education teachers
- **5-** The professional performance scale that the researcher has built and achieved its scientific conditions is able to measure the professional performance of physical education teachers

Recommendations

- 1- Adopting a positive thinking questionnaire to detect positive thinking among physical education teachers, as it was built according to sound scientific foundations to be a guide for dealing with teachers
- 2- Applying the positive thinking questionnaire by researchers and graduate students to identify positive thinking and its relationship to some other variables, whether physical or psychological.
- 3- Apply the current professional performance scale to identify the relationship between professional performance and other variables

Shows the paragraphs of the positive thinking questionnaire in its final form

Dear Professor,

The researcher aims to conduct his research tagged (positive thinking and its relationship to professional performance among physical education teachers in the Directorate of Education of Dhi Qar)

In view of the scientific status that you enjoy and the fact that you are experienced and specialized, we kindly ask you to specify the paragraphs in terms of their comprehensiveness and measurement in the component for which they were placed by placing a sign () \checkmark in front of the valid phrase, noting that the proposed alternative system is the tripartite system (often - sometimes - never)

Positive thinking: It is the beginning of its way to success and achieving goals, and it is a means of optimism and looking at the beautiful in everything. It also has an effective and strong impact on the psyche of the individual and the matters of his daily and future life.

Thank you for your cooperation with us in the service of the scientific movement

- There is no right answer and another wrong, but your answer is based on how you feel.
- The information you provide is for scientific research purposes only. Positive thinking among physical education teachers in Dhi Qar Governorate

At all	Once in a while	Often	Paragraph	t
			Have the experience, skill and knowledge of the problem	1
			Choose the solution that doesn't take time and cost	2
			I discuss with teachers and try to clarify their vision	3
			Help use new teaching methods	4
			I respect the thinking and expression of fellow teachers	5
			I can detect weakness in the lesson.	6
			I always try to overcome difficulties	7
			Stay away from double standards in dealing with the teacher	8
			I do new and realistic work	9
			Suggest new methods in teacher performance	10
			I hesitate to apply new methods when I can't find help	11
			I find that simplifying ideas facilitates the obstacles to work	12
			Have a vision to solve problems	13
			I try to present a new style of work that takes into account the	1.4
			differences between students	14
			I try to finish the lesson in a positive way	15
			Be sure to submit new ideas	16
			Possess sufficient scientific and professional skills	17
			I agree to introduce new skills in the lesson plan	18
			I care about opinions contrary to mine	19
			Use a method for the purpose of achieving creativity	20
			Take appropriate and corrective action for students	21
			I prefer to use the interview for the purpose of explaining the	22
			information	22
			I prefer to listen to students and talk to them	23
			I discuss the administration with the study plan	24
			Listen to students' modern and creative ideas	25
			Listen to students' opinions, put forward ideas and discuss them freely	26
			I have the ability to organize my thoughts.	27
			Take care to solve problems	28
			Have the ability to convince students, dialogue with them and discuss them	29
			Be flexible and listen to others' opinions	30
			Prioritize according to the situation	31
			Have the ability to influence students	32
			Give students the opportunity and encourage their talents and creativity	33
			I strive to achieve the goals as required	34
			Be motivated and encourage creativity	35
			Show enthusiasm to adopt students' ideas	36
			Enjoy outstanding student performance	37
			Seek to adapt to variables	38
			Set performance standards	39
			Have the ability to understand and simplify ideas	40
			Provide a positive climate for students	41
			Characterized by a spirit of cooperation and handling matters	42
			Be flexible in thinking and dealing	43

Brainstorm new topics	44
Consider things about my work	45
I can concentrate when listening	46
I try to avoid routine and make sure to change	47
I am good at encouraging students and praising them	48
I have the ability to find creative ideas	49
I react to the situation and control my emotions	50

Table showing the paragraphs of the professional performance scale in its final form

Dear Professor,

The researcher aims to conduct his research tagged (positive thinking and its relationship to professional performance among physical education teachers in the Directorate of Education of Dhi Qar)

In view of the scientific status that you enjoy and the fact that you are experienced and specialized, we kindly ask you to specify the paragraphs in terms of their comprehensiveness and measurement in the component for which they were placed by placing a sign () \checkmark in front of the valid phrase, noting that the proposed alternative system is the tripartite system (often - sometimes - never)

Professional performance: The teacher's job performance is his behavior and how he behaves during the learning process within the classroom and through which he completes tasks and successfully assumes the responsibilities assigned to him

Thank you for your cooperation with us in the service of the scientific movement

• There is no right answer and another wrong, but your answer is based on how you feel.

• The information you provide is for scientific research purposes only. Scale of professional performance among physical education teachers in the Directorate of Education of Dhi Qar

	ace of Edde	All		t
At all	Sometimes	the	Paragraph	
		time		
			I agree with the administration about the students' problems	1
			Contribute and adopt the solution of obstacles that guide students.	2
			Accept the other opinion from others.	3
			I don't get confused when I'm exposed to embarrassing	4
			situations.	
			I feel capable of self-control.	5
			Help guide student behavior	6
			I have the ability to correct errors.	7
			Contribute to putting forward ideas and proposals for the success of the work.	8
			Accept the other opinion without emotion.	9
			I have talents related to my profession	10

Bring out as much skills as possible in my work.	11
Feel safe when I get creative in my work.	12
I accept solutions to obstacles in school work.	13
The spirit of cooperation and problem solving prevails in my professional environment.	14
Always take care of following up students and apply the instructions of the administration	15
Be sure to implement instructions for scout school activity	16
I insist on my decision when it comes to my work.	17
I work to provide assistance to those who ask me.	18
Pay attention to the sports uniform during the lesson.	19
I don't try to leave a negative impact on others.	20
I direct and make sure to stick to the lesson	21
Be calm during the process and consider it important.	22
Work honestly, professionally and without getting bored.	23
I forgive others and turn a blind eye to simple mistakes.	24
Accomplish my work with precision and skill.	25
I follow the implementation of the curriculum and the prescribed ministerial instructions	26
Accept criticism from management and make the right decisions.	27
I'm not afraid to fix my mistakes.	28
He doesn't appear nervous	29
I always agree with the management and those who work with me.	30
I instruct sports teachers to wear sports uniforms in the lesson	31
I am not characterized by poor attention to the problems facing me.	32
Follow the lesson plan flexibly.	33
No provocation from school administration visits.	34
I'm following my records for the physical education lesson.	35
I don't care about the lack of school sports supplies.	36
Give attention to the presence and use of sports equipment and equipment.	37
I am always fair and balanced with students and try to get close to them.	38
I have the ability to persuade and influence management	39
Take care of the need to commit to work and register attendance	40
I provide assistance to those who need it.	41
I determine priorities in light of the capabilities available in the school.	42
I face criticism with positivity and a flexible spirit.	43
I feel happy when someone asks for help.	44
I direct the morning line-up	45

Contribute to the development and repair of sports arenas.	46
Help change wrong behaviors and consider them part of my work.	47
I feel the ability to cope when I'm exposed to difficult situations.	48
The student was allowed to choose sports activities	49
I periodically review my work that I have accomplished	50
I help the administration sometimes	51
I deal with the management honestly, transparently and flexibly.	52
I carry out my professional duties professionally.	53
Having mutual respect enables me to perform my duties	54
Participate in all committees as needed	55
Respect the traditions and customs of the society	56
I reconcile proposals with my professional tasks	57
I defend constructive ideas and encourage action with them	58
Use the best way to deal	59
The teacher monitors the implementation of the policies of the Directorate of Education and the implementation of the instructions.	60

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